

EAT. DRINK. SOCIALIZE.

CENTRAL CAFE

Monday – Friday
Breakfast: 7:00 am – 09:30 am
Lunch: 11:00 am – 1:00 pm
WEEK OF APRIL 28



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

LOADED CHORIZO BREAKFAST BURRITO 6.50
scrambled eggs, chorizo, potatoes, black beans, salsa verde, cheddar cheese, tortilla

FIT ROASTED VEGETABLE AND BEAN TOSTADA (V) 6.50
peppers, broccolini, refried beans, corn, tomatoes, red onions, cotija, zucchini, corn tortillas

MON

LITTLE LIME: FAJITAS 8.95

FIT chicken served with jalapeno refried beans, red rice, roasted jalapenos, peppers and onions topped with pico de gallo, cheese blend and shredded lettuce. add arroz con leche +2.50

SOUP: beef barley vegetable 3.75

TUES

FOOD WORKS: EL CARDENAL prices vary

visit central café for authentic tacos

GRAZE: chicken pad thai, tofu pad thai .51/oz

SOUP: stuffed potato soup 3.75

WED

STOP FOOD WASTE DAY: SALMON GARBONZO SALAD 11.00

salmon with fresh baby arugula tossed with shaved fennel, garbanzo beans, cherry tomatoes, and a house made parley vinaigrette. add chocolate walnut bread pudding +2.95

GRAZE: green curry with chicken, jasmine rice, spring roll .51/oz

SOUP: garden vegetable 3.75

THURS

NATIONAL GRILLED CHEESE MONTH: MADE TO MELT 8.95

bbq turkey club melt served with bakers chips. bundle with ice cream float for \$2.95 (a la carte float \$3.95)

GRAZE: red curry with pork, thai cucumber salad with peanuts, hot& sour soup .51/oz

SOUP: wicked chicken and rice thai style 3.75

FRI

GINGER REPUBLIC: BEEF AND BROCCOLI 8.95

beef mixed with vegetables and served with fried rice and egg roll

SOUP: vegetable pazole 3.75

GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

ALL AMERICAN BIRD DOG 8.40

crispy pickle brined chicken, hot honey mustard, lettuce, tomato, pickles, brioche

GRILLED PORTOBELLO BURGER BOWL (V) 8.40

romaine kale blend, portobello, tomatoes, pickles, red onion, croutons, cajun sauce

SWAP YOUR SIDE

FIT california pasta salad

\$6 'ALL IN' MEAL DEAL

choice of cheeseburger, signature garden burger, or signature grilled chicken sandwich
Includes whole fruit, vegetable crudité, or bagged chips and 20oz water or soda

SOMETHING DELICIOUS AWAITS YOU

DELI FEATURES

AVAILABLE ALL WEEK

includes choice of side

ITALIAN SUB 8.50

salami, pepperoni, ham, provolone cheese, fresh lettuce, tomato, onion and mustard on a house baked sub roll

BUFFALO CHICKEN SUB 8.50

crispy buffalo chicken, blue cheese crumbles and hot sauce on house baked sub roll

BAHARAT VEGETABLE WRAP (V) 8.00

flatbread, hummus, spinach, baharat carrots, grilled eggplant, pickled onions

SWAP YOUR SIDE

FIT california pasta salad

\$6 'ALL IN' MEAL DEAL

choice of garden hummus wrap, honey dijon ham sandwich, or turkey pesto mayo wrap
includes whole fruit, vegetable crudité, or bagged chips and 20oz water or soda

CONNECT WITH US

eatatpg.com

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denotes registered dietitian pick